

# YOGA PROGRAM

Sakthi Polytechnic College, SakthiNagar, ISTE Students Chapter organised Yoga Program on 08.03.2021 by Acharya Amrit Akshar Anand Avadhut, YogaTrainer, Coimbatore. The first year students were attended the program. Er.K.R.Palanisamy, Principal, presided over the function. Dr.S.Saminathan, ISTE Student chapter advisor and N.Nissanthi, Lecturer in English were the co-ordinators of the program.



Students during the Yoga Programme