

S.SHANTHI M.P.Ed., M.Phil., PGDFM, PGDYE, MISTE.

PHYSICAL DIRECTOR

Department of Physical Education

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EDUCATIONAL DETAILS

DEGREE	SPECIALISATION	YEAR OF PASSING	CLASS/GRADE	NAME OF THE COLLEGE/UNIVERSITY
B.P.E.S.	PHYSICAL EDUCATION	2004	I – Class	MADRAS UNIVERSITY, CHENNAI.
M.P.Ed.	PHYSICAL EDUCATION	2006	I – Class	BHARATHIAR UNIVERSITY, COIMBATORE.
M.Phil.	PHYSICAL EDUCATION	2007	I – Class	ALAGAPPA UNIVERSITY, KARAUKUDI
PGDFM	FITNESS MNAGEMENT	2005	I – Class	BHARATHIAR UNIVERSITY, COIMBATORE.
PGDYE	YOGA EDUCATION	2006	I – Class	BHARATHIAR UNIVERSITY, COIMBATORE.
SLET(SET)	STATE ELIGIBILITY TEST	2006	---	---

COURSE ATTENDED DETAILS

S. NO	NAME OF COURSE ATTENDED	NAME OF THE ORGANIZATION/PLACE	SPONSORIG AGENCY	DURATION		WEEKS/ DAYS
				FROM	TO	
1.	Orientation Programme (three weeks)	Bharathiar University, Coimbatore	UGC	11.09.2019	01.10.2019	3 weeks
2.	Refresher Course (three weeks)	Bharathiar University, Coimbatore	UGC	23.11.2018	13.12.2018	3 weeks
3.	One week short term course (Modern Trends in Physical Education and Sports Science)	NITTTR, Chennai	MHRD	12.11.2018	16.11.2018	1 week
4.	National conference cum workshop on Integrated holistic approach towards physical and mental health & integrated exercise practices for reducing high blood pressure	Government Arts College, Paramakudi	Paper presented	27.07.2018	---	1 day
5.	State level workshop on Traditional sports, games and physical cultures	Ramakrishna mission vivekananda educational and research institute, Coimbatore	---	25.09.2018	26.09.2018	2 days
6.	Two days national level workshop on Recent trends in athletics technical rules	Vinayaka mission's college of physical education, Salem	---	15.10.2018	16.10.2018	2 days
7.	National seminar on Role of yoga for health and life style management	Sri Ramakrishna mission vidyalaya maruthi college of Physical Education, Coimbatore	---	01.03.2019	02.03.2019	2 days
8.	International conference on Sports injury prevention & management Topic: Effect of different neuromuscular training on speed	NIT, Puducherry	Paper presented	21-04-2022	22-04-2022	2 days

PUBLICATIONS DETAILS

S.NO.	NAME OF THE AUTHOR	TITLE OF THE ARTICLE / PAPER	TITLE OF THE JOURNALS	VOLUME NO., ISSUE NO. & PAGE NO.	MONTH & YEAR	ISSN / ISBN NO.
1.	S SHANTHI	Comparison of anthropometric variables between football and hockey players	Star research journal	4 10(6) 25-28	OCT 2016	2321-676X
2.	S SHANTHI	Effect of selected yogic practices on physiological and psychological variables among college men students	International journal of yogic, human movement and sports sciences	3 2 475-476	JULY 2018	2456-4419
3.	S SHANTHI	Effect of specific training on agility among college level men handball players	Star research journal	7 2(3) 12-14	FEB 2019	2321-676X
4.	S SHANTHI & S VARALAKSHMY	Effect of plyometric speed drill training on speed among female athletes	Journal of information and computational science	11 8 413-419	AUG 2021	1548-7741
5.	S SHANTHI	Study on low & moderate level of intense circuit training on selected physiological parameter among elite female athletes	Indian journal of applied science	11 11 1-2	NOV 2021	2249-555X
6.	S SHANTHI	Traditional yogasana practice on systolic blood pressure among college women students	International journal of scientific research	11 08 6-7	Aug 2022	2277-8179

SWAYAM EXAM DETAILS

S.NO	NAME OF THE SUBJECT	YEAR OF COMPLITION	BOARD	SPONSORED	EXAM MODE
1	Sports administration & management	Feb 2023	SWAYAM	CEC, Delhi	Off line exam

BEING INVITED AS RESOURCE PERSON

S.NO.	INSTITUTION NAME	TOPIC	PROGRAM DAYS	DATE	
				FROM	TO
1.	Kumaraguru Institute of Agriculture, Sakthi nagar, Erode	Physical training program for NSS Camp	7	22-04-2019	28-04-2019
2.	Sakthi Polytechnic College, sakthi nagar, Erode	Sports competition for NSS camp	7	18-02-2016	24-02-2016
3.	Government arts & science college, Thiruvennainallur, Villupuram	Workshop on "Health and Fitness for all"	3	11-05-2022	13-05-2022

INVITED RESOURCE PERSON

S.NO.	NAME OF THE RESOURCE PERSON	INSTITUTION NAME	TOPIC	PROGRAM	PROGRAM DAYS	DATE	
						FROM	TO
1.	Dr. D Maniazhagu	Dept. of Phy. Edn., Alagappa University, Karaikudi	Fitness & wellness (29.07.2022)	First year induction program SPC	1	25.07.2022	29.07.2022

COURSE ATTENDED DETAILS

S.NO	TITLE OF THE WEBINAR	NAME OF THE ORGANIZATION	PARTICIPATION	TYPE OF PROGRAM	DAYS/ WEEKS
1	Wellness and stress management	NITTTR, Chandigarh	---	FDP	5 days
2	Optimization techniques for 5G cellular networks (AICTE)	SVCE, Bangalore	---	Short term training program	6 days
3	Industrial automation using PLC & SCADA(AICTE-ISTE)	Sakthi polytechnic college, erode	---	Orientation/ refresher	7 days
4	Organizational behavior (AICTE-ATAL)	PSGR krishnamal college for women	---	FDP	5 days
5	Organizational behavior (AICTE-ATAL)	Santhigiri instiyute of management	---	FDP	5 days
6	Environment and sustainable development (DOTE)	Govt.polytechnic college, Rajastan	International	Webinar	1 day
7	Leadership talk	MHRD	---	Webinar	1 day
8	Physical literacy	MS Univ., Tirunelveli	---	Webinar	1 day
9	Environmental pollution and health	NITTTR, kolkata	---	Short term course	5 days
10	Ancient Indian education system	NITTTR, kolkata	National	Seminar	2 days
11	Professional ethics and sustainable development	NITTTR, kolkata	---	Short term course	5 days
12	Occupational health and safety	NITTTR, kolkata	---	Short term course	5 days
13	Environmental sustainability	NITTTR, kolkata	National	Webinar	1 day
14	Physical Education (Refresher course)	LNIFE, Gwalior	---	Refresher course	14 days
15	Stress management (AICTE-ATAL)	Government college of engineering, tirunelveli	---	FDP	5 days
16	Personal effectiveness (AICTE-ATAL)	International institute of health management research, Delhi	---	FDP	5 days
17	Refresh the mind through meditation (AICTE-ATAL)	sri ramakrishna mission vidyalaya college of education, coimbatore	---	FDP	5 days

18.	Recycling materials in highway construction (AICTE)	Indo global college of engineering	---	Short term course	5 days
19	Stress management (AICTE-ATAL)	Modern college of pharmacy, Pune	---	FDP	5 days
20	Design & operational persceptive of electric vehicle with distributed energy resources using cyber physical system	KPR institute of engineering & technology, coimbatore	---	FDP	13 days
21	Environmental pollution: laboratory testing	NITTTR, kolkata	---	Short term course	2 weeks
22	Major environmental pollutants and human health	NITTTR, kolkata	---	Short term course	1 week
23	Inculcating universal human values in technical education	AICTE, New Delhi	---	FDP	1 week
24	Physical Education (Refresher course)	LNIFE, Gwalior	---	Refresher course	14 days
25	Women safety	TNPESU, Chennai	National	webinar	1 day
26	Practical aspects of yoga a life time companion for women	TNPESU, chennai	International	Webinar	9 days
27	Physiological effects of exercise on body system	GLA univ., U.P	International	Webinar	1 day
28	Tokyo Olympics 2020- indias journey & expetations	National sports university, Manipur	National	Webinar	1 day
29	Human trafficking in pandemic covid-19	Bharathiar univ., Coimbatore	International	Webinar	1 day
30	Climate change	Bharathidasan, trichy	UGC SPONSORED	Webinar	1 day
31	The role of librarians in nation building	Manipal univ, jaipur	---	Webinar	1 day
32	Fit india freedom run 2.0	Govt. of India Ministry of youth affairs & sports	Event	National	1 day
33	Holistic approach of yoga & sports auyurveda for the performance enhancement of elite athlete	SAI,LNCPE	National	Webinar	1 day
34	International conference on innovative technology for sustinsble development in sports, fitness and healthy life	Alagappa Univ. karaikudi	International	Conference	2 days

PHYSICAL DIRECTOR SPORTS ACHIEVEMENT

S.NO.	SPORTS	COMPETITION LEVEL	VENUE	DATE	POSITION
1	ATHLETICS 5000M	DISTRICT LEVEL	ERODE DISTRICT-MASTER MEET	28.12.2021	SELECTED FOR TN STATE
2	ATHLETICS 5000M	STATE LEVEL	MADURAI- MASTER MEET	07.04.2022	GOLD MEDAL
3	ATHLETICS 5000M	NATIONAL LEVEL	CHENNAI- MASTER MEET	27.04.2022	PARTICIPATED
4	ATHLETICS 5000M	DISTRICT LEVEL	ERODE DISTRICT- MASTER MEET	20.12.2022	SELECTED FOR TN STATE

ORGANIZED EVENTS

S.NO.	NAME OF THE EVENT	ORGANIZING COMMITTEE	PLACE	DATE
1	IPAA Staff Ball Badminton tournament	Department of Physical Education	SPC	19-09-2015
2	IPAA Staff Ball Badminton tournament	Department of Physical Education	SPC	04-02-2017
3	6 th SIICAA tournament	Department of Physical Education	SPC	28-02-2017
4	IPAA Divisional Ball Badminton tournament	Department of Physical Education	SPC	10-08-2017
5	IPAA Staff Ball Badminton tournament	Department of Physical Education	SPC	25-01-2018
6	Summer coaching camp	Department of Physical Education	SPC	22-04-2019
7	Up gradation of sports ground infrastructure	400m track & all outdoor games ground	SPC	24-07-2019
8	IPAA Divisional Ball Badminton tournament	Department of Physical Education	SPC	09-08-2019
9	Online quiz program	Department of Physical Education	SPC	12-07-2020
10	Online quiz program for teachers day	Department of Physical Education	SPC	02-09-2020
11	FIT one program for staff members	Department of Physical Education	SPC	16-08-2021 onwards

12	Up gradation of sports department infrastructure	Department of Physical Education	SPC	14-09-2021
13	FIT India freedom run 2.0 virtual mode	Department of Physical Education	SPC	25-09-2021
14	FIT India freedom run 2.0	Department of Physical Education & NCC	SPC	30-09-2021
15	First year induction programme	General Engg., & One day program for health awareness (Phy. Edn.)	SPC	29-07-2022
16	NM 100 School open tournament	Department of Physical Education	SPC	13-09-2022

NOTE: 1. INDEPENDENCE DAY SPORTS
2. INTRAMURAL SPORTS
3. TALENT SEARCH
4. REPUBLIC DAY CELEBRATION
5. ANNUAL DAY SPORTS

ORGANIZING EVENTS EVERY YEAR

MEMBERSHIP

S.NO.	MEMBERSHIP DETAILS	TYPE OF MEMBERSHIP	PLACE	YEAR
1	Executive Committee member	IPAA divisional	---	2015 onwards
2	FIT India movement	Nodal officer	---	02.09.2019
3	Membership	Co-operative store	Sakthi sugars store	
4	MISTE	Life member	SPC	2021
5	MALA	Life member	Madras membership association	2022

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