

S.SHANTHI.M.P.Ed., M.Phil., PGDFM, PGDYE, MISTE.



PHYSICAL DIRECTOR

Department of Physical Education

Sakthi Polytechnic College- Sakthi nagar-638315

Mobile no: 9786205597

E-Mail ID:agsmcc98@gmail.com

EDUCATION DETAILS

DEGREE	SPECIALISATION	YEAR OF PASSING	CLASS/GRADE	NAME OF THE COLLEGE/UNIVERSITY
B.P.E.S.	PHYSICAL EDUCATION	2004	I – Class	MADRAS UNIVERSITY-CHENNAI
M.P.Ed.	PHYSICAL EDUCATION	2006	I – Class	BHARATHIAR UNIVERSITY, COIMBATORE.
M.Phil.	PHYSICAL EDUCATION	2007	I – Class	ALAGAPPA UNIVERSITY, KARAİKUDI
PGDFM	FITNESS MNGEMENT	2005	I – Class	BHARATHIAR UNIVERSITY, COIMBATORE.
PGDYE	YOGA EDUCATION	2006	I – Class	BHARATHIAR UNIVERSITY, COIMBATORE.
SLET (SET)	STATE ELIGIBILITY TEST	2006	---	---

PAPERS PRESENTED / PUBLISHED

S. NO	NAME OF THE AUTHOR	TITLE OF THE ARTICLE / PAPER	TITLE OF THE JOURNALS	VOLUME NO., ISSUE NO. & PAGE NO.	MONTH & YEAR	ISSN / ISBN NO.
1.	S SHANTHI	Comparison of anthropometric variables between football and hockey players	Star research journal	4 10(6) 25-28	OCT 2016	2321-676X
2.	S SHANTHI	Effect of selected yogic practices on physiological and psychological variables among college men students	International journal of yogic, human movement and sports sciences	3 2 475-476	JULY 2018	2456-4419
3.	S SHANTHI	Effect of specific training on agility among college level men handball players	Star research journal	7 2(3) 12-14	FEB 2019	2321-676X
4.	S SHANTHI & S VARALAKSHMY	Effect of plyometric speed drill training on speed among female athletes	Journal of information and computational science	11 8 413-419	AUG 2021	1548-7741
5.	S SHANTHI	Study on low & moderate level of	Indian journal of applied	11 11	NOV 2021	2249-555X

		intense circuit training on selected physiological parameter among elite female athletes	science	1-2		
6.	S SHANTHI	Traditional yogasana practice on systolic blood pressure among college women students	International journal of scientific research	11 08 6-7	Aug 2022	2277-8179

MEMBERSHIP IN PROFESSIONAL BODIES

S. NO.	MEMBERSHIP DETAILS	TYPE OF MEMBERSHIP	PLACE	YEAR
1	Executive Committee member	IPAA divisional	---	
2	Membership	Co-operative store	Sakthi sugars store	
3	MISTE	Life member	SPC	2021

PHYSICAL DIRECTOR SPORTS ACHIEVEMENT

S.NO.	SPORTS	COMPETITION LEVEL	VENUE	DATE	POSITION
1	ATHLETICS 5000M	DISTRICT LEVEL	ERODE DISTRICT- MASTER MEET	28.12.2021	SELECTED FOR TN STATE
2	ATHLETICS 5000M	STATE LEVEL	MADURAI- MASTER MEET	07.04.2022	GOLD MEDAL

S. NO	TITLE OF THE WEBINAR	DATE		CERTIFICATE ID	NAME OF THE ORGANIZATION	PARTICIPATION	TYPE OF PROGRAM	DAYS/ WEEKS
		FROM	TO					
S 1.	Sports injury prevention & management Topic: Effect of different neuromuscular training on speed	21-04-2022	22-04-2022	MSODVM-CE000035	NIT, Puducherry	international	conference	2 days
3	ATHLETICS 5000M	NATIONAL LEVEL		CHENNAI- MASTER MEET	27.04.2022	PARTICIPATED		
4	ATHLETICS 5000M	DISTRICT LEVEL		ERODE DISTRICT- MASTER MEET	20.12.2022	SELECTED FOR TN STATE		

ORGANIZED EVENTS

S. NO.	NAME OF THE EVENT	ORGANIZING COMMITTEE	PLACE	DATE
1	IPAA Staff Ball Badminton tournament	Department of Physical Education	SPC	19-09-2015
2	IPAA Staff Ball Badminton tournament	Department of Physical Education	SPC	04-02-2017
3	6 th SIICAA tournament	Department of Physical Education	SPC	28-02-2017
4	IPAA Divisional Ball Badminton tournament	Department of Physical Education	SPC	10-08-2017
5	IPAA Staff Ball Badminton tournament	Department of Physical Education	SPC	25-01-2018
6	Summer coaching camp	Department of Physical Education	SPC	22-04-2019
7	IPAA Divisional Ball Badminton tournament	Department of Physical Education	SPC	09-08-2019
8	Online quiz program	Department of Physical Education	SPC	12-07-2020
9	Online quiz program for teachers day	Department of Physical Education	SPC	02-09-2020
10	FIT one program for staff members	Department of Physical Education	SPC	16-08-2021 onwards
11	FIT India freedom run 2.0 virtual mode	Department of Physical Education	SPC	25-09-2021
12	FIT India freedom run 2.0	Department of Physical Education	SPC	30-09-2021

		& NCC		
13	First year induction programme	General Engg., & One day program for health awareness (Phy. Edn.)	SPC	29-07-2022
14	NM 100 School open tournament	Department of Physical Education	SPC	13-09-2022

NOTE: 1. INDEPENDENCE DAY SPORTS

2. INTRAMURAL SPORTS

3. TALENT SEARCH

4. REPUBLIC DAY CELEBRATION

5. ANNUAL DAY SPORTS

ORGANIZING EVERY YEAR

BEING INVITED AS RESOURSE PERSON

S.N O.	INSTITUTION NAME	TOPIC	PROGRAM DAYS	DATE	
				FROM	TO
1.	Kumaraguru Institute of Agriculture, Sakthi nagar, Erode	Physical training program for NSS Camp	7	22-04-2019	28-04-2019
2.	Sakthi Polytechnic College, sakthi nagar, Erode	Sports competition for NSS camp	7	18-02-2016	24-02-2016
3.	Government arts & science college, Thiruvonnainallur, Villupuram	Workshop on "Health and Fitness for all"	3	11-05-2022	13-05-2022

S. NO	NAME OF COURSE ATTENDED	NAME OF THE ORGANIZATION/ PLACE	SPONSOR IG AGENCY	DURATION		WEEKS/D AYS
				FROM	TO	
1.	Orientation Programme (three weeks)	Bharathiar University, Coimbatore	UGC	11.09. 2019	01.10. 2019	3 weeks
2.	Refresher Course (three weeks)	Bharathiar University, Coimbatore	UGC	23.11. 2018	13.12. 2018	3 weeks
3.	One week short term course (Modern Trends in Physical Education and Sports Science)	NITTTR, Chennai	MHRD	12.11. 2018	16.11. 2018	1 week
4.	National conference cum workshop on Integrated holistic approach towards physical and mental health & integrated exercise practices for reducing high blood pressure	Government Arts College, Paramakudi	---	27.07. 2018	---	1 day
5.	State level workshop on Traditional sports, games and physical cultures	Ramakrishna mission vivekananda educational and research institute, Coimbatore	---	25.09. 2018	26.09. 2018	2 days
6.	Two days national level workshop on Recent trends in athletics technical rules	Vinayaka mission's college of physical education, Salem	---	15.10. 2018	16.10. 2018	2 days
7.	National seminar on Role of yoga for health and life style management	Sri Ramakrishna mission vidyalaya maruthi college of Physical Education, Coimbatore	---	01.03. 2019	02.03. 2019	2 days

ONLINE PROGRAM/COURSE ATTENDED CERTIFICATE DETAILS

S. NO	TITLE OF THE WEBINAR	DATE		CERTIFICATE ID	NAME OF THE ORGANIZATION	PARTICIPATION	TYPE OF PROGRAM	DAYS/WEEKS
		FROM	TO					
01	Wellness and stress management	27-04-2020	01-05-2020	ICT-7415/20	NITTTR, Chandigarh	---	FDP	5 days
02	Optimization techniques for 5G cellular networks (AICTE)	13-07-2020	18-07-2020	WKJOAE-CE000044	SVCE, Bangalore	---	Short term training program	6 days
03	Industrial automation using PLC & SCADA(AICTE-ISTE)	24-02-2021	02-03-2021	---	Sakthi polytechnic college, erode	---	Orientatio n/ refresher	7 days
04	Organizational behavior (AICTE-ATAL)	21-09-2020	25-09-2020	ATAL/2020/159207544	PSGR krishnamal college for women	---	FDP	5 days
05	Organizational behavior (AICTE-ATAL)	15-02-2021	19-02-2021	ATAL/2021/611059658	Santhigiri instiyute of management	---	FDP	5 days
06	Environment and sustainable development (DOTE)	05-06-2020	---	EASD2170	Govt.polytechnic college, Rajasthan	Interna tional	Webinar	1 day
07	Leadership talk	27-06-2020	---	---	MHRD	---	Webinar	1 day
08	Physical literacy	27-03-2021	---	17012	MS Univ., Tirunelveli	---	Webinar	1 day
09	Environmental pollution and health	27-04-2020	01-05-2020	NITTTRK/ICT/2020-21/00461	NITTTR, kolkata	---	Short term course	5 days
010	Ancient Indian education system	11-11-2020	12-11-2020	NITTTRK/ICT/2020-21/04517	NITTTR, kolkata	Nation al	Seminar	2 days
011	Professional ethics and sustainable development	26-10-2020	30-10-2020	NITTTRK/ICT/2020-21/10149	NITTTR, kolkata	---	Short term course	5 days
012	Occupational health and safety	12-10-2020	16-10-2020	NITTTRK/ICT/2020-21/09699	NITTTR, kolkata	---	Short term course	5 days
013	Environmental sustainability	16-08-2020	---	NITTTRK/WEB/2020-21/01484	NITTTR, kolkata	Nation al	Webinar	1 day
014	Physical Education (Refresher course)	13-03-2021	26-03-2021	---	LNIFE, Gwalior	---	Refresher course	14 days
015	Stress management (AICTE-ATAL)	26-07-2021	30-07-2021	ATAL/2021/1623645065	Government college of engineering, tirunelveli	---	FDP	5 days
016	Personal effectiveness (AICTE-ATAL)	21-06-2021	25-06-2021	ATAL/2021/1620358503	International institute of health management research, Delhi	---	FDP	5 days
017	Refresh the	12-07-	16-07-	ATAL/2021/16	sri ramakrishna	---	FDP	5 days

	mind through meditation (AICTE-ATAL)	2021	2021	24718533	mission vidyalaya college of education, coimbatore			
018	Recycling materials in highway construction (AICTE)	23-08-2021	28-08-2021	---	Indo global college of engineering	---	Short term course	5 days
019	Stress management (AICTE-ATAL)	18-10-2021	22-10-2021	ATAL/2021/1626426460	Modern college of pharmacy, Pune	---	FDP	5 days
020	Design & operational perspective of electric vehicle with distributed energy resources using cyber physical system	13-09-2021	25-09-2021	---	KPR institute of engineering & technology, coimbatore	---	FDP	13 days
021	Environmental pollution: laboratory testing	17-01-2022	28-01-2022	NITTRK/ICT/2021-22/07754	NITTR, kolkata	---	Short term course	2 weeks
022	Major environmental pollutants and human health	07-02-2022	11-02-2022	NITTRK/ICT/2020-21/08763	NITTR, kolkata	---	Short term course	1 week
023	Inculcating universal human values in technical education	27-06-2022	01-07-2022	F.No AICTE/FDP-S1/OnlineWorkshop/201/140460	AICTE, New Delhi	---	FDP	1 week
024	Physical Education (Refresher course)	05-07-2022	18-07-2022	---	LNIFE, Gwalior	---	Refresher course	14 days
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06	Environment and sustainable development (DOTE)	05-06-2020	---	EASD2170	Govt.polytechnic college, Rajasthan	International	Webinar	1 day
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016	Personal effectiveness (AICTE-ATAL)	21-06-2021	25-06-2021	ATAL/2021/1620358509	International institute of health management research, Delhi	---	FDP	5 days
017	Refresh the mind through meditation (AICTE-ATAL)	12-07-2021	16-07-2021	ATAL/2021/1624718533	sri ramakrishna mission vidyalaya college of education, coimbatore	---	FDP	5 days
018	Recycling materials in highway construction (AICTE)	23-08-2021	28-08-2021	---	Indo global college of engineering	---	Short term course	5 days
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